

GAIAM RESTORE™

DEEP TISSUE MASSAGE ROLLER MASSAGE GUIDE

CALVES



HAMSTRINGS



GLUTES



QUADS



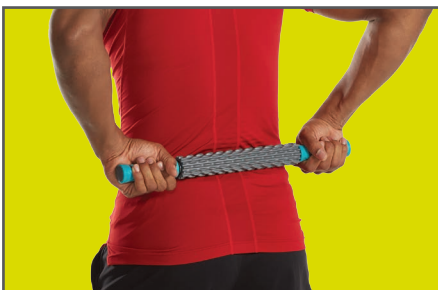
IT BANDS



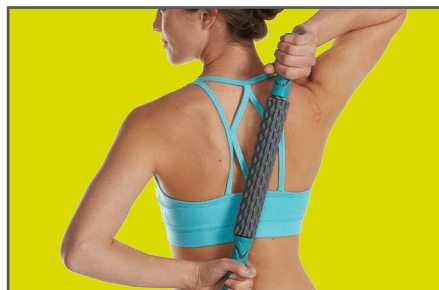
FEET



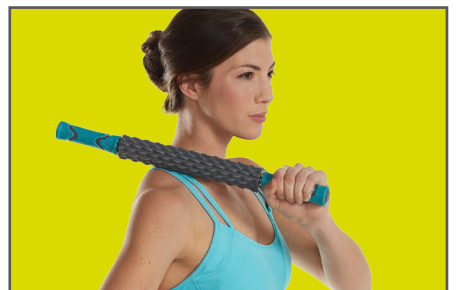
LOWER BACK



UPPER BACK



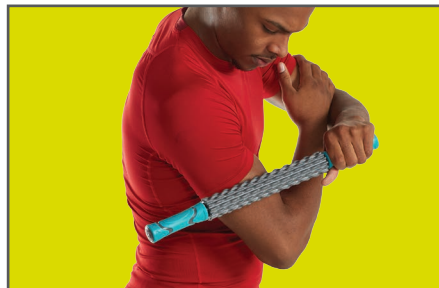
SHOULDERS



NECK



TRICEPS



BICEPS



GAIAM RESTORE™

ROULEAU POUR MASSAGE EN PROFONDEUR GUIDE DE MASSAGE

MOLLETS



CUISSES



FESSIERS



QUADRICEPS



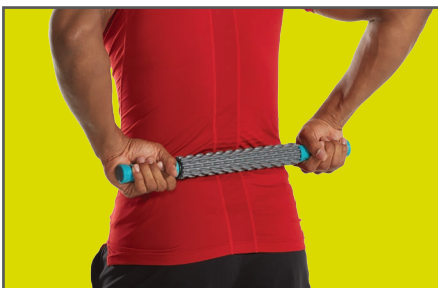
BANDELETTES DE MAISSIAT



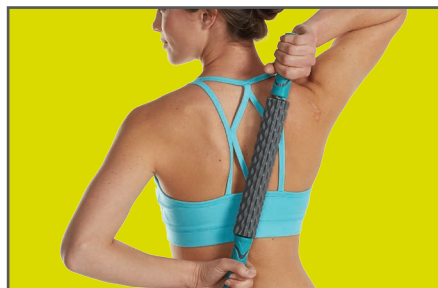
PIEDS



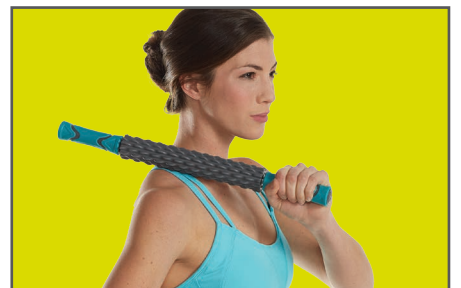
BAS DU DOS



HAUT DU DOS



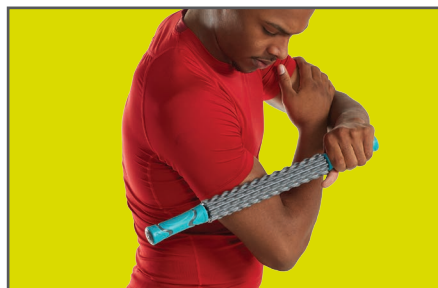
ÉPAULES



COU



TRICEPS



BICEPS

